



# We help physicians think **big**

Discover how a joint degree can help you improve the health of individuals *and* communities

## MD-MPH (Master of Public Health)

5 YEARS

2 DEGREES

INFINITE POSSIBILITIES

## MD-Public Health Certificate

4 YEARS

ENHANCED DEGREE

EXPANDED POSSIBILITIES

This is an exciting time to be embarking on a career in healthcare. While treating illness and healing injuries will always be important, today there is a growing urgency to do more to prevent illness and protect populations. The model for how we help people be healthy is transforming, and you have an opportunity to help shape that change.

To prepare physicians who want to make a vital difference in the health of individuals *and* populations, IU Richard M. Fairbanks School of Public Health has partnered with IU School of Medicine to offer two educational programs that combine an MD degree with training in public health. The programs can be completed concurrently with your medical education, giving you expanded career options upon graduation and throughout your career.

### Why Add Public Health To Your Education?

Many graduates of our programs divide their careers between direct medical care to individuals and public health practice in their communities. With a Master of Public Health (MPH) or a Graduate Certificate in Public Health, you not only are qualified for this type of interesting and meaningful work, but you are prepared to provide comprehensive care to a community and you make yourself more marketable for a wide variety of careers, including global health, hospital leadership, health policy, non-profit management, environmental health, refugee and immigrant health, and health research and teaching.

### About Our Programs

#### MD-MPH (Master of Public Health)

The MD-MPH degree is designed to be completed in five years. Because this is a coordinated program, a number of the 45 MPH required credits are shared with MD credits. Students choose one concentration from among the five core areas of public health: Biostatistics, Environmental Health Science, Epidemiology, Health Policy and Management or Social and Behavioral Sciences. The innovative curriculum addresses key issues driving public health practice and policy today, including infectious disease control, injury control, and chronic disease prevention and health promotion. The five core MPH classes are offered online and should be completed during the summer between the first and second years of medical school. The remaining public health courses are typically taken during the fourth year. Experiential components provide opportunities to apply learning in projects and research that directly impact the health of communities. Projects can be undertaken anywhere in Indiana and through IU global health partnerships.

#### MD-Graduate Certificate in Public Health

The MD-Graduate Certificate in Public Health can be completed in just four years. The certificate is comprised of the five core public health courses, which are available online and are completed between the first and second years of medical school. Students receive a solid grounding in Biostatistics, Environmental Public Health, Epidemiology, Health Policy and Management, and Social and Behavioral Sciences.

### Stipends

Students may apply for stipends to partially offset the cost of the MPH courses.

### Application Process

If you are interested in the joint MD-MPH degree, it is recommended (but not required) that you specify this on your AAMCAS application. You can apply to the MPH or Graduate Certificate program during the fall or spring semester of the first year in medical school. Other interested applicants or those on different schedules should contact us to discuss individualized options.

### For More Information

To learn more about the MD-MPH degree or the MD-Graduate Certificate in Public Health, please call (317) 274-3126, e-mail Carole Kacius, PhD, at [kacius@iu.edu](mailto:kacius@iu.edu) or visit [www.pbhealth.iupui.edu](http://www.pbhealth.iupui.edu).



INDIANA UNIVERSITY  
SCHOOL OF MEDICINE



IUPUI

RICHARD M. FAIRBANKS  
SCHOOL OF PUBLIC HEALTH

INDIANA UNIVERSITY  
Indianapolis

# How big of an **impact** can you have?



## SUCCESSFUL ALUMNI

**Jen Walthall, MD, MPH**  
Indiana State Department of Health  
Deputy State Health Commissioner and  
Director for Health Outcomes

**Associate Professor of Clinical Emergency Medicine  
and Pediatrics for the IU School of Medicine**

"The ability to apply classroom public health knowledge to real world practice in medicine immediately makes this program incredibly unique. I was armed at graduation to begin service as a public health practitioner for individual patients, scholarship development and program building."

## ENGAGED FACULTY

**Peter Nalin, MD**  
Indiana University School of Medicine  
Executive Associate Dean for Educational Affairs

"There's no question that the practice of medicine is changing... today there is an unprecedented focus on prevention. Medical students who pursue the MD-MPH joint degree will be well prepared to be successful in the new healthcare model, and they will be the leaders in finding vitally needed new solutions for improving population health. With an engaging curriculum taught by an outstanding faculty and a generous stipend to offset tuition costs, this joint degree truly offers a career path of both service and leadership."

## INSPIRED STUDENTS

**Chris Bosma**  
MD-MPH Student

"I wanted to learn about health as a comprehensive system... that's something which the MD-MPH dual degree is uniquely suited to teach. Not only does the program teach you clinical competence, but it also teaches a comprehensive population view of health. The real-life examples offered by the professors bring to life the concepts being discussed theoretically in class. I would recommend the MD-MPH dual degree to anyone who wants to expand their view of health with a complementary discipline to traditional medical school curriculum."

**Hanna Webb**  
MD-MPH Student

"I am pursuing the MD-MPH dual degree because I am passionate about bridging the gap between public health issues and patient-centered clinical practice. I know this program will help me in the future, both in clinical practice and in expanding my career into other domains, such as research or policy, allowing me to make a positive impact on many peoples' lives. I have found it easy to get individual attention from advisors and professors, who have gone out of their way to help me succeed. I would recommend the MD-MPH dual degree program to medical students because it is an awesome way to gain a new perspective on medicine."

**Senaka Ratnayake**  
MD-MPH Student

"I believe the MD-MPH dual degree can help me develop a population view of patient health and help me address issues of access and personal health habits in the context of social, economic and cultural influences. I have enjoyed excellent instruction at the IU Richard M. Fairbanks School of Public Health, from the professors teaching the classes to the staff helping advise me on the future. The MD-MPH program offers a multitude of online and evening classes to help facilitate busy schedules. Training in public health gives an extremely important population perspective that is not taught in medical school. I would absolutely recommend the MD-MPH dual degree to others."

**Ikechukwu Okafo**  
MD-MPH Student

"With the increasing emphasis on a multi-disciplinary approach to healthcare, pursuing the MD-MPH degree will grant me a full orbred view of the public health issues I will grapple with as a practicing physician. I have enjoyed the diversity of the course offerings, the academic rigor and the real world approach that the professors bring to bear, and the flexibility offered to students in the way courses are structured. The public health degree picks up where the medical degree stops. The MD-MPH physician is the future of a modern medicine that is both local in application and global in scope. I encourage incoming medical students to consider a dual degree because it offers an opportunity to get involved in life-changing research, influence policy at the state or national level and apply your skills as a physician in settings where you can make a distinct difference."

**Megan Ishikawa**  
MD-MPH Student

"The MD-MPH dual degree program provides the clinical skills necessary for treating individuals, in addition to improving disease prevention within populations. I have appreciated the individualized attention given by the staff and professors at the IU Richard M. Fairbanks School of Public Health. They have helped me tailor the MPH program to my specific interests and career goals. I would definitely recommend the MD-MPH dual degree to other students. These two programs complement each other wonderfully, since medicine concerns the individual whereas public health concerns entire populations."

