

**IU RICHARD M. FAIRBANKS SCHOOL OF PUBLIC HEALTH at IUPUI**  
**Spring 2018**  
**3- Credit hours**

**COURSE TITLE:** Health Systems around the World: Understanding England's National Health Service

**COURSE NUMBER:** PBHL-H450 (27781) or PBHL-H 670 (27073)

**LOCATION:** Fairbanks School of Public Health at IUPUI  
London, England

**DATES:** Meeting One: January 13, 2018 from 9:00 am - 4:00 pm  
Meeting Two: February 9, 2018 from 12:30 pm - 2:00pm  
Meeting Three: March 3, 2018 from 9:00 am - 4:00pm  
London trip: March 11<sup>th</sup>-March 16<sup>th</sup>

**FACULTY:**

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**COURSE DESCRIPTION**

This course provides an in-depth introduction to a global model for health services delivery and provides students with the opportunity to compare and contrast systems in England and the United States. Participants will spend substantial time out in the field visiting London-area health facilities, historical sites, and universities.

**PROGRAM COMPETENCIES**

This course contributes to the following undergraduate competencies:

1. Communicate effectively with diverse stakeholders, including public health and health care professionals, individually and in-group settings using verbal, written, and electronic modes of communication.
2. Work individually and within a team setting by applying organizational knowledge and leadership skills.
3. Recognize and demonstrate sensitivity to diverse points of view.

## LEARNING OBJECTIVES

At the completion of this course, students will be able to:

1. Describe the basic components of the US healthcare system.
2. Describe the core components of public health.
3. Identify and discuss the differences between the US healthcare system and other developed countries (e.g. Germany, Japan, UK).
4. Describe the history, organization and financing of England's National Health Service.
5. Understand the rationale for current reforms underway in the NHS.
6. Discuss the challenges faced by the National Health Service including issues relating to cost, quality and access to care.
7. Compare and contrast the NHS with the U.S. healthcare system.
8. Debate future directions for the NHS and implications for the public's health.

## REQUIRED OR SUGGESTED TEXT AND/OR READINGS

### Required for undergraduate and graduate students:

*Ghost Map*, by Steven Johnson

Tells the tale of the cholera outbreak that struck Victorian London and provides a glimpse into the early days of public health.

This should be completely read before leaving for London may still be available through the IUPUI bookstore or can be found online.

Additional readings provided by the instructor.

### Required for graduate students/optional for undergraduate students:

*The Healing of America*, by T.R. Reid

Provides a tour of health systems in other wealthy countries and challenges us to consider what can be learned from these other systems.

### Mandatory for all students:

#### Reports & Articles

2015 Commonwealth Fund Report, "International Profiles of Health Care Systems."

[http://www.commonwealthfund.org/~media/files/publications/fund-report/2016/jan/1857\\_mossialos\\_intl\\_profiles\\_2015\\_v7.pdf](http://www.commonwealthfund.org/~media/files/publications/fund-report/2016/jan/1857_mossialos_intl_profiles_2015_v7.pdf)

#### Media Resources

PBS Frontline: Sick Around the World

<https://www.pbs.org/wgbh/frontline/film/sickaroundtheworld/>

NPR Series: Health Care For All (United Kingdom):

<http://www.npr.org/series/91971293/great-britain-health-care-for-all>

#### Comparative Data & Tools

Commonwealth Fund Tool, "Compare International Survey Data by Country":

<http://www.commonwealthfund.org/interactives-and-data/international-survey-data>

Commonwealth Fund: "Mirror, Mirror on the Wall: Comparative Performance of American Health Care":  
[http://www.commonwealthfund.org/usr\\_doc/site\\_docs/slideshows/MirrorMirror/MirrorMirror.html](http://www.commonwealthfund.org/usr_doc/site_docs/slideshows/MirrorMirror/MirrorMirror.html)

<http://www.commonwealthfund.org/Publications/Fund-Reports/2010/Jun/Mirror-Mirror-Update.aspx?page=all>

### **Consumer Perspectives on the U.S. and U.K. Health Systems**

2015 Deloitte Survey of Health Care Consumers:

<https://www2.deloitte.com/us/en/pages/life-sciences-and-health-care/articles/health-care-consumer-engagement.html>

2009 Report from The Economist: "Health Reform: The Debate Goes Public":

[http://graphics.eiu.com/marketing/pdf/Philips\\_Healthcare3.pdf](http://graphics.eiu.com/marketing/pdf/Philips_Healthcare3.pdf)

"How the NHS Measures Up" (BMJ; 2008):

<http://www.bmj.com/content/336/7659/1469.full?rss=1>

These need to be read or watched prior to the last class meeting before departing for London

### **REQUIREMENTS AND EXPECTATIONS**

To receive credit for this course, you must complete the following requirements:

- I. Meeting One: January 13, 2018 from 9:00 am - 4:00 pm
- II. Meeting Two: February 9, 2018 from 12:30 pm – 2:00pm (**All pre-departure documents must be submitted to iAbroad by this day**)
- III. Meeting Three: March 3, 2018 from 9:00 am - 4:00pm
- IV. Exam I – DUE 2/9/18
- V. Exam II – DUE 3/7/18

Exams will be take home and based on discussion in class session prior. Exams will be distributed during the sessions and due on the dates above.

- VI. London session: March 11-16 (Spring Break)

Please see agenda included at the end of this document.

There will be group activities, and academic content included on this trip. Every student has to complete all activities to get full credit for the course.

- VII. Reflective Journal

These journal entries should document your formal and informal interactions with local health professionals and community members as well as your personal development in the program. The journal will formally begin when you arrive in London and will document each day's educational events. This should be a reflection of not only what you learned in the classroom while in London, but also what you did in your free time that may be related to what you learned, discussed or even questioned. The journal will get submitted through canvas upon returning to the U.S. and is **Due March 20, 2018**. Each day's entry in the journal should answer the following questions:

1. What is the most interesting thing you learned today and what made it so interesting to you?

2. What concept or something you heard today, are you struggling with and why?
3. How did, what you learned today, enhance or change your perspective on public health, healthcare, or the medical system as a whole?
4. What did you do outside of formal classroom time that increased your understanding of the healthcare system in London?
5. What was the most fun thing you did today and why?

#### VII. Individual Project: Sharing your experience with the IUPUI Campus

- In a maximum 12 slide power point presentation please detail what you learned from this course
- Why did you choose this study abroad trip?
- What was the most interesting part of England's Healthcare System?
- What was the most interesting place you visited in London, related to what you learned in the classroom (i.e. the Old Operating Theatre, etc)
- What other places did you visit?
- What would you do differently?
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- Due April 6, 2018, submitted in Canvas

#### **EVALUATION AND GRADING SCALE**

Satisfactory completion of the course requirements will result in an "A" in this course. Requirements that are not submitted on time or are of poor quality will result in a lower grade.

#### **TRAVEL GUIDELINES AND INFORMATION**

Information to be added regarding cost, guidelines for housing, conduct, etc. after that's prepared.

#### **ATTENDANCE**

To receive academic credit for this course, you must be present at all pre-trip meetings and present and engaged in all sessions during the London trip over Spring Break.

#### **ADMINISTRATIVE WITHDRAWAL**

A basic requirement of this course is that you will participate in all class meetings and conscientiously complete all required course activities and assignments. If you miss the required activities, you may be administratively withdrawn from this course. Administrative withdrawal may have academic, financial, and financial aid implications. Administrative withdrawal will take place after the full refund period, and if you are administratively withdrawn from the course, you will not be eligible for a tuition refund. If you have questions about the administrative withdrawal policy at any point during the semester, please contact me.

#### **STUDENTS WITH DISABILITIES**

Students needing accommodations because of a disability will need to register with Adaptive Educational Services (AES) and complete the appropriate forms issued by AES before accommodations will be given. The AES office is located in Taylor Hall, UC 100. You can also reach the office by calling 274-3241. Visit <http://aes.iupui.edu/> for more information.

**STUDENT COURSE EVALUATION**

The School of Public Health evaluates all courses. Student course evaluations will be conducted in a manner that maintains the integrity of the process and the anonymity of respondents.

**ACADEMIC INTEGRITY**

Academic and personal misconduct by students in this class are defined and dealt with according to the procedures in the Student Misconduct section of the IUPUI *Code of Conduct*, <http://studentaffairs.iupui.edu/student-rights/student-code/>

**COURSE SCHEDULE**  
**Mandatory Pre-trip Meetings**

**Class #1: January 13th** (9:00 am – 4:00 pm) RG 6040

**Meet as a combined group**

9:00 - 10:00	Dr. Nir Menachemi - U.S. Healthcare System
10:00 - 11:00	Dr. Olena Mazurenko - Comparison of the US healthcare systems with other countries
11:00 - 11:15	BREAK
11:15 - 12:00	Meet and greet activity
12:15 - 1:30	Lunch with pizza provided
2:00 - 3:15	PBS Frontline's "Sick Around the World."

**Break into individual groups**

3:20 - 3:30	Syllabus Review
3:30 - 4:00	Discuss Logistics/Exam questions

7 contact hours

**Class #2: February 9, 2018** (12:30 pm – 2:00pm) RG 6040 - **EXAM PART 1 DUE In Canvas**

12:30 - 1:00	Touch base meeting/Logistics
1:00 - 2:00	Exercise and activity/ Q & A

1.5 contact hours

**Class #3: March 3, 2018** (9:00 am – 4:00 pm) RG 6040

**Meet as a combined group**

9:00 – 9:15	Welcome
9:15 - 10:30	Dr. Max Moreno – Sanitation Presentation
10:30 - 10:45	Break
10:45 – 12:00	Tom Duszynski– Introduction to Public Health
12:00 - 12:15	Discuss Journals and power point expectations
12:15 - 1:30	Working lunch with lunch provided
1:30 - 2:45	Charity Bishop – Health Promotion
2:45 - 3:00	Break- <b>Break in to individual groups</b>
3:00 - 4:00	Final Logistics and Q & A Exam question/topics

7 contact hours

**Exam Part 2 Due – March 7, 2018**

**Experience in London**  
**March 11 - 16, 2018**

**Sunday, March 11**

*Arrive in London on your own. Use a debit or ATM card at an ATM machine at the airport or near the Acorn office to get cash (British Pounds = £) for excursions and meals. Acorn Management Office, located at 19 Bedford Place to pick up the key to your flat. Rooms will be available after 2:00 pm. Those who check in before 2:00 pm may leave their luggage in the office and explore or get something to eat.*

4:00 pm                      Meet on the steps of Winston House (3 Bedford Square)  
Walking Tour of Bloomsbury

6:15 pm                      Welcome Dinner

**Monday, March 12**

8:30 – 9:00 am              Breakfast at Winston House

9:00 – 9:30 am              Welcome

9:30 – 11:00 am            Discussion: Understanding the NHS  
Dr. Jenny Gosling, London School of Hygiene and Tropical Medicine

11:00 – 11:15 am            Break

11:15 – 12:45pm            'Current issues and performance in the English NHS' with Dr. Nick  
Mays, London School of Hygiene and Tropical Medicine

12:45 – 1:30 pm            Lunch at Winston House  
Guided discussion about morning sessions

1:30 pm                      Free Afternoon and Evening in London – Below are some ideas:  
Hop on Hop off Open Bus Tour of London  
<http://www.hoponhopoffplus.com/>  
Free Walking Tours  
[http://www.freetoursbyfoot.com/london-tours/tour-  
calendar/#summary](http://www.freetoursbyfoot.com/london-tours/tour-calendar/#summary)  
The British Museum    <http://www.britishmuseum.org/>  
Afternoon Tea

Dinner: On your own

**Tuesday, March 13**

8:30 – 9:00 am              Breakfast at Winston House  
Discussion: Health in the News

9:00 – 10:30 am            Panel: What's It Like To Be A Patient In The UK?

10:30 – 11:00 am	Break
11:00 am – 12:30 pm	The role of the PA and the Gatekeepers Justine Strand de Oliveira, DrPH, PA-C
12:00 – 1:00 pm	Lunch at Winston House Open Discussion
1:15 – 2:15 pm	Travel to South Bank area
2:30 – 5:00 pm	Tour of the Old Operating Theater & Herb Garret <a href="http://www.thegarret.org.uk">www.thegarret.org.uk</a>
5:00 – 6:00 pm	Dinner: On your own and free time on the South Bank.  You may enjoy visiting The Clink Prison Museum <a href="http://www.clink.co.uk">http://www.clink.co.uk</a> and exploring the South Bank Area <a href="http://www.southbanklondon.com">http://www.southbanklondon.com</a>  Groups may also decide to go to the theater together. This is optional.

### Wednesday, March 14

8:30 – 9:00 am	Breakfast at Winston House Health in the News Discussion
9:00 – 9:30 am	Walk to UCL to Meet Jeremy Bentham Read all about him here: <a href="https://www.ucl.ac.uk/Bentham-Project/who">https://www.ucl.ac.uk/Bentham-Project/who</a>
9:30am – 12:15 pm	Tour the Wellcome Collection <a href="https://wellcomecollection.org/">https://wellcomecollection.org/</a>
12:30 – 1:30 pm	Lunch at Winston House Guided discussion about morning sessions
1:30 – 3:00 pm	Discussion: England Health Reform with Dr. Charles Easmon
3:00 – 3:30pm	Break
3:30 – 5:00pm	Discussion: Ethics and the Public's Health with Dr. Peter Duncan

### Thursday, March 15

8:30 – 9:30 am	Breakfast at Winston House Health in the News Discussion and Group Presentations
9:30 – 10:30 am	Discussion of the book The Ghost Map with Tom Duszynski



10:30 – 10:45 am	Break
10:45 – 12:15pm	John Snow Walking Tour with Tom Duszynski
Noon- 1 pm	Lunch: John Snow Pub ( <b><i>you will need to bring British Pounds to purchase lunch</i></b> ) Epidemiology guided discussion <a href="http://www.johnsnowsociety.org">http://www.johnsnowsociety.org</a>
1:00 – 5:00 pm	“This is Public Health” Photo Scavenger Hunt Prepare presentations: Photo Scavenger Hunt  Dinner: On your own

**Friday, March 16**

8:30 – 9:45 am	Breakfast at Winston House Health in the News Guided Discussion
10:00 – 12:15 am	Program Wrap-Up <ul style="list-style-type: none"> <li>• Share results from “This is Public Health” scavenger hunt -Presentations</li> <li>• Reflections, comments, and questions</li> </ul>
12.30-1.30 pm	Lunch at Winston House
1.30 pm- 4:30 pm	Possible sight to explore: Tour the Hunterian Museum – Royal College of Surgeons Museum opens at 10am  Dinner: On your own

*Return to Indianapolis on your own.*

*Housing will be offered through Saturday morning for those returning on flights on March 17<sup>th</sup>.*